# **Seattle - King County Department of Public Health**

# **Notice of Privacy Practices**

# Effective April 14, 2003

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

This letter is available in alternate formats that meet the guidelines for the Americans with Disabilities Act (ADA). If you require this Notice in an alternate format, please contact our ADA Liaison at: Phone 206-296-4600 or TDD: 206-296-4631.

The most recent copy of this document will be posted in all Seattle - King County Department of Public Health care centers and on our web site at www.metrokc.gov/health.

Seattle - King County Department of Public Health is committed to protecting your personal health information. Protected health information (PHI) includes information that we have created or received regarding your health, your health care, and payment for your health care.

## THIS NOTICE COVERS THE FOLLOWING ENTITIES PROVIDING YOUR CARE:

All employees, physicians, physician residents, dentists, nurses, administrative staff, social workers, nutritionists, contract staff, medical students, community health providers, affiliated physicians and other health care professionals providing you care through Seattle - King County Department of Public Health care centers and/or programs must abide by this Notice of Privacy Practices. Public Health may share your information with these covered entities to help them provide medical care to you.

Washington State and federal laws require us to provide a higher level of protection for some types of PHI. Washington State law provides a higher level of protection for health care information and specifically limits the disclosure of certain types of PHI, including records regarding mental health, confirmed sexually transmitted disease, HIV/AIDS, and drug and alcohol treatment. Information about this type of care can only be released in accordance with those stricter laws. Minors may consent to their own treatment for family planning services, sexually transmitted disease testing/treatment, outpatient mental health treatment or outpatient alcohol and drug abuse treatment.

PART 1 – YOUR RIGHTS WITH RESPECT TO YOUR PROTECTED HEALTH INFORMATION Here is a listing of your rights with respect to your protected health information, along with a description of how you may exercise these rights:

- You have a right to request limits on the way we use or disclose your health information. You
  must make the request in writing to our Privacy Office and tell us what information you want to
  limit and to whom you want the limits to apply. Public Health is not required to agree to the
  restriction.
- You have the right to request how we provide confidential communications to you. For example,
  we may communicate your test results to you by mail or by telephone. You may ask Public Health
  to share information with you in a certain way or in a certain place. For example, you may ask us
  to send information to your work address instead of your home address; you may also request

that we call you at work instead of at home. You must make this request in writing to our Privacy Office. You do not have to explain the reason for your request. We are required to follow your request, if it is reasonable.

- In most cases, you have the right to look at or get copies of your records. You must make the
  request in writing to our Privacy Office. We may charge you a reasonable fee based on copying
  and other costs. In certain situations, we may deny your request and will tell you why we are
  denying it. In some cases, you may have the right to ask for a review of our denial.
- You have a right to request a correction or an update of your records. You may ask Public Health
  to amend or add missing information if you think there is a mistake. You must make the request in
  writing to our Privacy Office and provide a reason for your request. In certain cases we may deny
  your request, in writing. You may respond by filing a written statement of disagreement with us
  and ask that the statement be included in your PHI.
- You have a right to get a list of persons or agencies to which your records were sent after April 14, 2003. You must make this request in writing to our Privacy Office. The list will not include the releases of your information made for the purpose of treatment, payment, or health care operations. The list will not include information provided directly to you or your family, or information that was sent with your written authorization.
- You have a right to get a paper copy of the most recent version of this notice, if you request it.
- You have the right to withdraw your permission for us to release your information. If you sign an
  authorization to use or disclose information, you can revoke that authorization at any time. The
  revocation must be made in writing and given to our Privacy Office. This will not affect information
  that has already been used or disclosed.

To exercise your rights under the law, call the numbers listed in this document; write our Privacy Office or visit one of the Public Health care centers. Our staff will assist you with your request.

#### PART 2 – PUBLIC HEALTH'S RESPONSIBILITIES UNDER THE LAW

Public Health is required by law to provide you with our Notice of Privacy Practices. This law is the Health Insurance Portability and Accountability Act of 1996 (HIPAA). Under this law, we must protect the privacy of your "protected health information" or PHI. PHI is information that we have created or received regarding your health or payment for your health care. It includes both your medical records and personal information such as your name, social security number, address, and phone number.

### We are required to:

- Keep your protected health information private except as indicated below
- Follow the terms of the Notice currently in effect
- Give you this Notice

We reserve the right to change our practices regarding the protected health information we maintain. If we make changes, we will update our Notice and make it available to you. The most recent copy of the Notice will be posted in all Public Health care centers, and on our web site at <a href="https://www.metrokc.gov/health">www.metrokc.gov/health</a>.

PART 3 – HOW WE MAY USE OR DISCLOSE MEDICAL INFORMATION ABOUT YOU

Public Health uses and discloses PHI in a number of ways connected to your treatment, payment for your care, and health care operations. Here are some examples of how we may use or disclose your personal health information without your authorization.

# To provide treatment; for example:

- We may use medical information about you to provide you with medical treatment or services. We
  may disclose medical information about you to doctors, nurses or other healthcare professionals
  involved in your care. For example, your doctor will need to know if you are allergic to any
  medicines. The doctor may share this information with pharmacists and others caring for you.
- We may also disclose information to other professionals providing your health care. For example, we may need to tell a specialist about your medical conditions if we refer you to a specialist so you may receive the proper care.

# To receive payment for services we provide or to obtain insurance authorization for services we recommend; for example:

- If you have health insurance, we request payment from your health insurance plan for the services
  we provide. For example, we may need to give your health plan information about your visit to the
  doctor so your health plan will pay us for the visit.
- We may also tell your health plan about your recommended treatment to get their prior approval, if that is required under your insurance plan. For example, if you need surgery, we will call your health plan to make sure the surgery is covered and will be paid for by the health plan.

# To carry out healthcare operations; for example:

- We may use or disclose your health information in order to manage our programs and activities.
   For example, we may use your health information to review the quality of services you receive or to provide training to our staff.
- We may use and disclose medical information to contact you by telephone or by mail as a reminder that you have an appointment for treatment or to inform you of test results.

**For Research:** We may use and disclose medical information about you for research purposes.

As required by Law We may use and disclose protected health information when required by federal or state law.

**For judicial and administrative proceedings:** We may disclose protected health information in response to an order of a court or administrative tribunal; in response to a subpoena, discovery request, or other lawful process.

**For law enforcement purposes:** We may disclose protected health information for to a law enforcement official.

**For Abuse Reports and Investigations:** Public Health may use and disclose information regarding suspected cases of abuse, neglect, or domestic violence, when the law so requires.

**To Medical Examiners/Coroners or Funeral Directors:** We may use and disclose protected health information consistent with applicable laws to allow them to carry out their duties.

**To Comply with Workers' Compensation Laws:** We may disclose protected health information as authorized by laws relating to workers compensation or other programs that provide benefits for work-related injuries or illness without regard to fault.

**For organ, eye, or tissue donation purposes:** We may disclose protected health care information to organ procurement organizations or entities.

**For Specialized Government Functions:** We may use and disclose information to agencies administering programs that provide public benefits. For example, Public Health may disclose information for the determination of Supplemental Security Income (SSI) benefits. We also may provide information to government officials for specifically identified government functions such as national security or military activities; or law enforcement custodial situations, such as correctional institutions.

**To Avoid Serious threat to health or safety:** Public Health may use and disclose protected health information when we believe it necessary to avoid a serious threat to the health or safety of a person or the general public.

For Public Health and Safety Purposes as Allowed or Required by Law: We may disclose protected health information to health care oversight agencies for oversight activities authorized by law.

**Disaster Relief:** We may use and disclose information about you to assist in disaster relief efforts.

### OTHER USES AND DISCLOSURES REQUIRE YOUR WRITTEN AUTHORIZATION:

Uses and disclosures not described in this Notice will be made only as allowed by law or with your written authorization. You may revoke your authorization to use or disclose protected health information at any time; the revocation must be in writing. The revocation will not affect uses or disclosures that have already been made.

PART 4 - HOW YOU MAY ASK FOR HELP OR COMPLAIN

# For More Information, please contact:

## **Privacy Office**

Seattle – King County Department of Public Health 999 Third Avenue, Suite 1200

Seattle, WA 98104

Phone: 206-205-5975 TTY Relay Service: 206-296-4631

If you believe your privacy rights have been violated, you may file a complaint with the Privacy Office of the Health Department, at the address above. You may also complain to the Secretary of the U.S. Department of Health and Human Services, at the address below. You will not be retaliated against for filing a complaint.

## Office for Civil Rights

Medical Privacy, Complaint Division

U.S. Department of Health and Human Services

200 Independence Avenue, SW, HHH Building, Room 509H

Washington, D.C. 20201

Phone: 866-627-7748 TTY: 886-788-4989 Email: www.hhs.gov/ocr